



Ministry for Finance

Corporate Services Directorate

Well Being Unit

health&safety at work

Health Promotion Unit

Smoking Cessation

Healthy Lifestyle

Nutritional Guidance

Fitness

Primary Health Care

Blood Pressure Tests

Blood Glucose Tests

Civil Protection Dept

Workplace Fire Safety

Employee Support Programme Unit

The Employee Support Programme (ESP) provides individual support and professional counselling to public employees experiencing personal, emotional and/or behavioural problems which are interfering with their work-life balance. This is necessary to enable employees to be healthier, more productive, able to contribute better to their place of work and to assist the general public. The Programme is designed to deal with a broad range of difficulties such as work-related stress, mental health difficulties and emotional stress, marital and family concerns, bereavement and terminal illness, addictive behaviour and disability issues.



Jeans Day & Healthy Eating

Organised by the MFIN Charity Events Group



Monday 15th June

2015

Basement, MFIN

1100 hrs - 1500 hrs