



## **Guidelines to set up a Public Breastfeeding Room**

### **Minimum requirements:**

1. Minimal space is needed to set up a breastfeeding room. Room dimensions, at least 6 feet x 6 feet. The breastfeeding room needs to be made as attractive as possible
2. International Breastfeeding Logo affixed to the door of the Breastfeeding Room (Logo stickers can be obtained from the Health Promotion and Disease Prevention Directorate, tel: 23266000)
3. The Breastfeeding Room must:
  - Have locks from the inside
  - Be kept meticulously clean at all times
  - Electrical outlets (Maltese standard – 230 Volts)
  - Comfortable chairs
  - A table or shelf/flat surface to hold the breast pump and milk container
  - Sink with hot and cold water supply, liquid soap and disposable paper towels, to wash and dry hands

### **Additional Requirements:**

A comment /suggestion box for feedback from the mothers