

WEAR A MASK OR VISOR WHERE NECESSARY:

Evidence suggests that wearing face masks protects people against infection. While wearing a mask or visor is generally not mandatory when outdoors, there are other places/situations where a mask or visor is required. These include:

- when using public transport: on buses, at the bus stop, at the bus terminus, on the ferry and at the ferry landing and terminal building
- when using passenger transport services (including taxis, chauffeur-driven vehicles, coaches and minivans)

- in retail outlets, supermarkets and shopping malls
- at museums and other indoor cultural sites
- in churches and other places of worship
- at banks (visors are recommended)
- at salons/premises of hairdressers, beauticians, nail technicians, massage therapists, tattooists etc.
- at hospitals, health centres, clinics and other healthcare establishments (please follow the protocols in place at any healthcare facility you visit)

This is not a full list. Please ensure you follow the requirements for COVID-19 mitigation that are communicated to you at any site you visit. Visit [covid19health.gov.mt](https://www.covid19health.gov.mt) for more information.

Visors, cloth masks and surgical masks can all be used, but it is recommended that respirator masks should be reserved for healthcare staff and other frontliners.

Most masks are single use disposable ones. Cloth masks can be washed, and visors can be wiped down with alcohol prior to being re-used. All masks and visors should be disposed of safely once they are no longer needed.

WHAT TO DO IF YOU DEVELOP SYMPTOMS

If you develop any of the following symptoms:



Please stay in your hotel room/temporary residence and call Malta's COVID-19 Public Health helpline on +35621324086 (please note that the helpline operates between 6am and 9pm). If symptoms develop while you are out, put on a mask, stay apart from the rest of your group and contact the helpline for guidance. Helpline staff will guide you and explain how you can get tested for COVID-19. This test is available free of charge and in most instances, you can get tested within a few hours of contacting the helpline. Test results are generally issued within 24 hours and can be communicated to you in various ways

including SMS and email. Until test results are issued, you and those you are travelling with should remain in your/their hotel room/place of temporary residence as you may be infectious to others. You should inform hotel staff that you have been tested for Coronavirus so they can take the necessary precautions when entering your room. Together with your test result you will also receive instructions from public health authorities explaining any other actions that are needed. For urgent medical care, please call 112. Please help us keep Malta a safe holiday destination. **For more information, please visit [covid19health.gov.mt](https://www.covid19health.gov.mt)**

WELCOME TO MALTA

How to stay safe



Hello traveller! Welcome to our beautiful Islands

Malta, like most of Europe, is currently in the COVID-19 transitioning phase. Our initial response to the pandemic helped us succeed in controlling the spread of coronavirus and avoiding large numbers of people requiring hospital care or dying. Now that transmission has reached low levels and we have re-opened our borders, we are doing our utmost to keep up the good work and keep COVID-19 under control. Our aim is to keep our population healthy and to keep YOU safe during your stay on our shores.

Here's some information to keep you safe:

Keep up the following practices to avoid acquiring or transmitting coronavirus:

WASH YOUR HANDS: Wash your hands frequently with soap and water or alcohol hand-rub (minimum 70% alcohol concentration). You should rub your hands thoroughly for at least 20 seconds. If you are using soap and water, you should see a lather (bubbles forming). Follow the steps in the diagram below to ensure that you clean all areas of your hands. Wash your hands:

- After blowing your nose, coughing or sneezing
- After going to the toilet
- Before and after eating and smoking
- After touching surfaces outside the home, especially frequently touched surfaces in public spaces (e.g. handrails, doorknobs, lift buttons, switches etc.)
- After visiting public spaces or using public transport
- As soon as you return to your accommodation

10 STEPS TO CLEAN YOUR HANDS



USE RESPIRATORY ETIQUETTE:

What does this mean?

It means you should:

- Cover your nose and mouth with a tissue or the inner side of your flexed elbow when coughing or sneezing
- Make sure NOT to sneeze or cough into your hands as you may contaminate objects or people that you touch; if you cannot avoid this make sure to wash your hands immediately afterwards
- Dispose of used tissues immediately in a bin and wash your hands afterwards;
- DO NOT leave tissues running around



Do not sneeze into the palm of your hand



Sneeze into your forearm or elbow

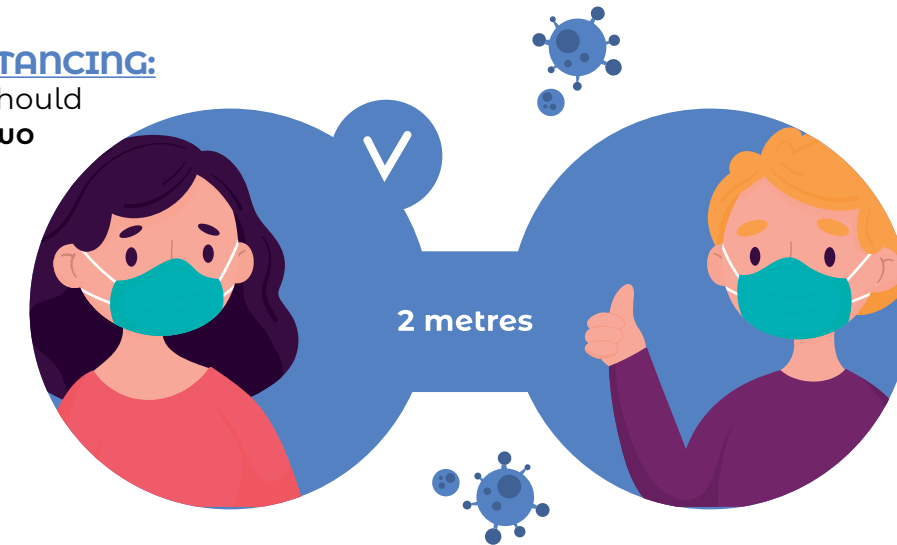


AVOID TOUCHING YOUR EYES, NOSE AND MOUTH:

These are the sites through which the virus can enter the body and infect you. Since your hands can get contaminated with the viruses by touching surfaces, you should not touch your eyes, nose or mouth with unwashed hands.

PRACTICE SOCIAL DISTANCING:

Wherever possible you should maintain a distance of **two metres** from individuals who are not part of your family unit or who you are not sharing a room with while travelling. Please use the markings indicating two metres that can be found in public places, shops, cultural sites and other places to help you maintain proper physical distancing, for example while queuing. Social distancing also includes not greeting people in ways



that involve physical contact, such as hugs or handshakes. You can wave, nod or elbow knock instead.



COVID COMPLIANCE STICKERS

Tourist and dining establishments are required to follow COVID-19 safety protocols to safeguard their customers and employees. Look out for the 'COVID-19 compliant' stickers displayed at establishments that have been verified by Malta Tourism Authority inspectors to be following the safety protocol for their type of establishment.