myHealth
User Guide for Patients

To access the service, go to www.myhealth.gov.mt

myHealth login page

Here you can login with your ID card number and e-ID password. If you don’t have a working e-ID password, choose “Set Up your e-ID” and follow the instructions.

Welcome to the myHealth Portal. This website provides Maltese citizens and their doctors an interactive portal to view their medical records. If you are a Maltese e-ID card holder, log in to view your:

- Laboratory Test Results
- Medical Imagery Results
- Medical Case Summaries
- Upcoming Appointments
- POVC Entitlements

Use this portal to connect and interact with your doctor who will be notified when your results are available.

As a doctor, encourage your patients to connect with you on myHealth to be able to view all their results when they become available. You are now able to sort, filter and compare a patient’s test results using the same console. Online test ordering will also become available in the coming months.
Landing Page

This is the page you will see after logging in.

Here you can see various options to choose from.

You can access your Case Summaries, Medical Appointments, Pharmacy of your Choice (POYC) records, Vaccination records, Submitted Forms and Health Site Finder directly.

You can also access your Lab Results and Medical Image Reports, as soon as they are released by a doctor you are linked with through myHealth. If they are not released within 15 days of reaching the system, they are released automatically.

The number of unread items is displayed near each heading.
Profile and Settings

As shown above, in the Doctor section you can use “Add a Doctor” / “View All” to send a link request to a doctor, and you can see the details of your linked doctor/s and of any pending requests.

In the Profile section, there are details provided by Identity Malta.

In Contact Details, you can enter contact email address, landline number and mobile number. These will be used for emails and SMS notifications.

In Contact Person, you can give the details of your “next of kin” or other representative, who the doctor can contact in case the doctor can’t reach you.
Notifications Setup

You may find notifications by email and/or SMS helpful. In the Notification Setup section, you can tick which type of notifications you wish to receive:

- Newly released Case Summaries, Results or Reports
- New, changed or deleted appointments
- Changes in your links with doctors

For each type, you can choose:

- Only by email
- Only by SMS
- By both email and SMS

Notifications will be sent to the e-mail address and mobile number that you enter in the Contact Details section of your Profile and Settings.
Details of your linked doctor/s

In the Doctors section of Profile & Settings, under “Doctors you are linked to”, if you press on “View doctor’s details” you can see all the details that have been provided by the doctor you are linked with through myHealth.

[Diagram with annotations]

- Here you can see any additional information provided by the doctor.
- Here you can see from which clinic/s this doctor is offering services.
- If you press this button you will remove your link with this doctor. The doctor will no longer be able to see any of your data.
View available doctors on myHealth

If under “Add a Doctor” you press “View All”, you will see all the doctors who have made themselves available on myHealth to link with their patients.

Once you identify a doctor you wish to link with, click on the “Send Request” text, then confirm by pressing the blue “Send Request” button.
**Crossborder Consent**

If go to Profile and Settings and click on the Crossborder Consent tab, you will see a screen where you can give consent for the transfer of a summary of your health data to a doctor in another country in case of medical emergency.

You may choose to give consent for transfer to any EU or EFTA country, to all except some, or to none.

Detailed information about the purpose and nature of the cross-border transfer of data is available by clicking on the Patient Information Notice link.
Case Summaries

In this section, you can view your Case Summaries. These are summaries of care given during an inpatient admission to a Government hospital such as Mater Dei Hospital.

Press on “View” to see the content of the Case Summary.

The following is an example of the content of a Case Summary:

If you click this button, the Case Summary will be saved as a PDF file on your device.
Medical Appointments

In this section, you can see a list of your future clinic appointments at Government hospitals and Health Centres, as recorded in the Patient Administration System. (Other appointments for test and certain procedures, e.g. for X-rays or bone density measurement, are not available for display in myHealth.)

Pharmacy of your Choice (POYC) records

In this section, you can see a list of the medicinal products or other medical items you are currently entitled to receive, if you are benefitting from the Pharmacy of Your Choice (POYC) scheme. You can also see what medicines were dispensed to you through a POYC pharmacy (Dispensing History) and what medicines were prescribed electronically for you by doctors using the online POYC system (Prescriptions).

If you have questions about your POYC entitlement, you may send an email to info.poyc@gov.mt.
Vaccinations

In this section, you can see vaccinations given to you by the National Immunisation Service since 1990, including those given from Health Centres and reported by private doctors, but excluding seasonal influenza vaccinations at Health Centres and tetanus vaccines given at Mater Dei or at Health Centre emergency rooms. If you have old vaccination records, you may send them to the Government Immunisation Unit (immunisation@gov.mt) for inclusion.

A specimen list of vaccinations is shown below:

<table>
<thead>
<tr>
<th>Date administered</th>
<th>Vaccinations</th>
<th>Dose No</th>
<th>Location of vaccination</th>
<th>Scheduled/Administered</th>
</tr>
</thead>
<tbody>
<tr>
<td>18/04/2001</td>
<td>DIPHTHERIA, TETANUS, PERTUSSIS</td>
<td>1</td>
<td>GZIRA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>18/01/2001</td>
<td>HIB (HAEMOPHILUS TYPE B INFLUENZA)</td>
<td>1</td>
<td>GZIRA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>18/04/2001</td>
<td>POLIO</td>
<td>1</td>
<td>GZIRA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>28/07/2001</td>
<td>DIPHTHERIA, TETANUS, PERTUSSIS</td>
<td>2</td>
<td>GZIRA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>26/07/2001</td>
<td>HIB (HAEMOPHILUS TYPE B INFLUENZA)</td>
<td>2</td>
<td>GZIRA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>26/07/2001</td>
<td>POLO</td>
<td>2</td>
<td>GZIRA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>14/11/2001</td>
<td>DIPHTHERIA, TETANUS, PERTUSSIS</td>
<td>3</td>
<td>GZIRA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>14/11/2001</td>
<td>HIB (HAEMOPHILUS TYPE B INFLUENZA)</td>
<td>3</td>
<td>GZIRA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>14/11/2001</td>
<td>POLIO</td>
<td>3</td>
<td>GZIRA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>25/02/2003</td>
<td>MEASLES, MUMPS, RUBEILLA (MMR)</td>
<td>1</td>
<td>MOSTA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>23/02/2005</td>
<td>DIPHTHERIA, TETANUS</td>
<td>4</td>
<td>MOSTA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>23/02/2005</td>
<td>POLIO</td>
<td>4</td>
<td>MOSTA HEALTH CENTRE</td>
<td>Administered</td>
</tr>
<tr>
<td>08/10/2007</td>
<td>HEPATITIS B</td>
<td>1</td>
<td>SCHOOL MEDICAL SERVICE MALTA</td>
<td>Administered</td>
</tr>
<tr>
<td>12/11/2007</td>
<td>HEPATITIS B</td>
<td>2</td>
<td>SCHOOL MEDICAL SERVICE MALTA</td>
<td>Administered</td>
</tr>
<tr>
<td>14/04/2008</td>
<td>HEPATITIS B</td>
<td>3</td>
<td>SCHOOL MEDICAL SERVICE MALTA</td>
<td>Administered</td>
</tr>
<tr>
<td>28/01/2009</td>
<td>MEASLES, MUMPS, RUBEILLA (MMR)</td>
<td>2</td>
<td>SCHOOL MEDICAL SERVICE MALTA</td>
<td>Administered</td>
</tr>
</tbody>
</table>

If you have questions about your list of vaccinations, as found in the National Immunisation Database, you may send an email to immunisation@gov.mt.

Submitted Forms

In this section, you can see copies of forms involving you that your doctor has sent to public health authorities through the myHealth system.

At present, doctors can send vaccination forms and notifications of infectious disease.
Health Site Finder

In this section, you can locate health centres, district clinics, pharmacies, hospitals and other health care facilities on a map of the Maltese Islands.

You can tick any categories you wish to find different types of health sites.

You can search by name of health site or locality.

As you scroll further down, you will see a detailed, searchable list of the health care facilities.
Medical Image Reports

In this section, you can see your medical image reports, if they have been released to you either by a doctor you are linked with through myHealth, or automatically by the system after 28 days.

“Show only unread” box: When ticked, only unread reports are listed.

“Mark all read” button: When pressed, all reports are marked as read.

“Save to PDF” button: When pressed, the selected reports are saved to a PDF file on your device.

“Clear filters” button: When pressed, it clears all the filters that are in use.
Laboratory Results

In this section, you can see your laboratory results, if they have been released to you either by a doctor you are linked with through myHealth, or automatically by the system after 28 days.

Please don’t assume that test results outside the reference range (marked High or Low) are automatically indicative of a health problem. You should discuss any concerns you may have about results with the doctor who released the results to you.
For more help

Please visit https://myhealth-ng.gov.mt/Home/Help

Other questions about the myHealth portal?

Please send an email to myhealth@gov.mt.