



Strategy and Sustainability Division
MINISTRY FOR SOCIAL POLICY

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Attention all Consultants
Medical Officers
Pharmacists
Pharmacy Technicians
Nurses

Re: Calcium effervescent tablets

There has recently been a change in the effervescent calcium tablets (Protocol 30) being procured by the Government Pharmaceutical Stores.

Bioelectra® Calcium (Hermes Arzneimittel) containing 500mg elemental calcium (1250mg calcium carbonate) is being replaced by Sandocal (Novartis Consumer Health) containing 400mg elemental calcium (700mg calcium carbonate and 930.8mg calcium lactate gluconate).

According to the SPC, Sandocal® should aim to restore or maintain normal levels of calcium (2.25 - 2.75mmol/l or 4.5 - 5.5meq/l). Thereby, administration is indicated as follows:

Adults	Children
Osteoporosis: 3-4 tablets/day. Therapeutic supplement: 1-4 tablets/day* <i>*dose dependent upon severity</i>	Calcium deficiency: 1-2 tablets/day. Dietary supplementation: 1 tablet/day.

For your attention please.

Regards

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