



**Strategy and Sustainability Division**  
**MINISTRY FOR HEALTH, THE ELDERLY AND COMMUNITY CARE**

**DH CIRCULAR No. 191/2010**

**DH 2917/2010**

17<sup>th</sup> August 2010

**Attention all** Consultants  
Medical Officers  
Pharmacists  
Pharmacy Technicians  
Nurses

**Re: Change-over from Insulin Aspart vials to cartridges**

Diabetics entitled to Insulin Aspart are now going to benefit from free pen cartridges. Insulin Aspart is a protocol-regulated drug (protocol 207) indicated for Type 1 Diabetes Mellitus.

Each ml contains 100 Units insulin Aspart (equivalent to 3.5 mg). Each cartridge contains 3 ml of solution for injection, equivalent to 300 Units. Insulin Aspart is a rapid-acting insulin analogue and should normally be used in combination with intermediate-acting or long-acting insulin administered subcutaneously at least once daily. The dosage and timing of dose should be individually adjusted and blood glucose monitoring and insulin dose adjustments are recommended to achieve optimal glycaemic control.

Unopened cartridges should be stored in the outer carton in order to protect from light, in a refrigerator (2°C-8°C) and they should not be placed next to the freezer compartment or a freezer pack. After first use of the cartridge, the product may be stored for a maximum of 4 weeks below 30°C away from excessive heat or light. The pen containing a cartridge in use must not be stored in the refrigerator.

For your attention please.

Dr. Natasha Azzopardi Muscat