



Strategy and Sustainability Division
MINISTRY FOR HEALTH, THE ELDERLY AND COMMUNITY CARE

DH CIRCULAR No.144/2011

DH 3117/2011

17th June 2011

Attention all Consultants
Medical Officers
Pharmacists
Pharmacy Technicians
Nurses

Re: Long-acting beta₂-agonist inhalation powder

Kindly note that GHPS are currently procuring long-acting beta₂-agonist for adults as inhalation powder. This preparation has a different delivery system than the previously procured metered dose inhaler.

Patients are to be advised to use the following inhalation process:

1. Unscrew the white cover and lift it off.
2. Hold the Turbohaler upright
3. Do not hold the mouthpiece when you load your Turbohaler. To load your Turbohaler with a dose, turn the turquoise grip as far as it will go in one direction. Then turn it as far as it will go in the other direction (it does not matter which way you turn it first). You should hear a click sound. Your Turbohaler is now loaded and ready to use. Only load your Turbohaler when you need to use it.
4. Hold your Turbohaler away from your mouth. Breathe out gently (as far as is comfortable). Do not breathe out through your Turbohaler.
5. Place the mouthpiece gently between your teeth. Close your lips. Breathe in as deeply and as hard as you can through your mouth.
6. Remove your Turbohaler from your mouth. Then breathe out gently. The amount of medicine that is inhaled is very small. This means you may not be able to taste it after inhalation.
7. If you are to take a second inhalation, repeat steps 2 to 6.
8. Replace the cover tightly after use

Thank you

For your attention, please

Dr Natasha Azzopardi Muscat
Director General