



**CHIEF MEDICAL OFFICER
DEPARTMENT OF HEALTH
MINISTRY FOR HEALTH, THE ELDERLY AND COMMUNITY CARE**

DH CIRCULAR No. 84/2012
DH 1180/2012

29 February 2012

Attention All: Consultants
Medical Officers
Pharmacists
Pharmacy Technicians
Nurses

Re: Montelukast 10mg film-coated tablets

Montelukast 10mg film-coated tablets have been recommended by the Government Formulary List Advisory Committee and approved by the Superintendent of Public Health for introduction onto the Government Formulary List.

Montelukast is a leukotriene receptor antagonist indicated in the treatment of asthma as add-on therapy in those patients with mild to moderate persistent asthma who are inadequately controlled on inhaled corticosteroids and in whom “as-needed” short acting β -agonists provide inadequate clinical control of asthma.

The recommended dose for adults 15 years of age and older is one tablet once daily.

Consultant Respiratory Physicians and Consultant Paediatricians can prescribe Montelukast 10mg film-coated tablets in adult patients 15 years of age and older for the treatment of chronic asthma:

- not controlled on a regular standard dose inhaled corticosteroid and a long-acting beta₂-agonist OR
- not controlled on a regular standard dose inhaled corticosteroid and had no response to a long-acting beta₂-agonist

Patients should be carefully reviewed. Candidates for treatment need to be chosen through the established committee made up of respiratory physicians (adult patients) and paediatricians. Montelukast 10mg film-coated tablets are protocol-regulated with protocol number 295 (attached). Montelukast 10mg film-coated tablets have been procured through the Centralised Procurement and Supplies and are now available for use as per protocol.

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Montelukast 10 mg tablets

Prescriber criteria: Consultant Paediatrician
Consultant Respiratory Physician

Out-patient and In-patient use:

1. Chronic Asthma

Reserved for adult patients 15 years of age and older with asthma:

- not controlled on a regular standard dose inhaled corticosteroid and a long-acting beta₂-agonist OR
- not controlled on a regular standard dose inhaled corticosteroid and had no response to a long-acting beta₂-agonist

Patients treated with Montelukast should be carefully reviewed. Candidates for treatment need to be chosen through the established committee made up of respiratory physicians (adult patients) and paediatricians.

Duration of Approval:

1 year