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**Attention All:** Consultants  
 Medical Officers  
 Pharmacists  
 Pharmacy Technicians  
 Nurses

**Re: Oral Iron**

Oral Iron tablets are indicated for the prevention and treatment of iron deficiency states/anaemia. As per Government Formulary List policies, only one preparation of oral iron will be available at any one time.

Oral iron can be presented in different salts, which include ferrous sulfate, ferrous gluconate, and ferrous fumarate. The iron salts contain different amounts of elemental iron as summarised in the table below:

Iron salt	Amount	Content of elemental iron
<b>Ferrous fumarate</b>	200 mg	65 mg
<b>Ferrous gluconate</b>	300 mg	35 mg
<b>Ferrous sulfate</b>	300 mg	60 mg
<b>Ferrous sulfate, dried</b>	200 mg	65 mg

Table 1: Iron content of different iron salts

The dose of the iron salt should be adjusted according to the amount of elemental iron required. Oral iron can be prescribed through Schedule V entitlement and through Schedule II entitlement (Pink Card) by Medical Practitioners. Currently, the oral iron being procured is ferrous gluconate 300mg tablets, which contains 35mg elemental iron per tablet.

For your information please.

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 A/Director General Health Services