St. Vincent de Paul Residence (SVPR)

OT services are offered on an in-patient and out-patient basis (60 years and over), as well as in the different homes for the elderly.

All patients admitted at SVPR are automatically referred for OT by a blanket referral system while those coming from the community and in the homes need a referral by a medical doctor/a senior carer.

Services include rehabilitation in preparation of ADL retraining, teaching use of adaptive equipment and energy conservation techniques, cognitive assessment and retraining, environmental modification, splinting, seating and positioning.

Sessions are carried out on an individual basis or as group therapy sessions.

Sir Paul Boffa Hospital (SPBH)

Occupational Therapy oncology services at SPBH and at the wards MITU and Rainbow paediatric oncology ward at MDH are being provided on both an in and out patient basis.

The OT treats oncology patients, both children and adults, with functional difficulties arising from their diagnosis or oncology treatment. The OT uses a client centred approach giving priority to the patients needs and their goals. The OT addresses the physical, sensory, cognitive, perceptual, developmental, psychological and social requirements that affect the patient’s functional performance in ADL’s.

OT rehab also includes: Splinting, assessment and recommendation of adaptive equipment, lifestyle management, education and training of caregivers, home assessment and liaison with community support services.

St. Luke’s Hospital: 22081624/22081512
St. Vincent de Paul: 22912200/22912276
Sir Paul Boffa Hospital: 22987174
E-mail: otservices@mhec.gov.mt

Occupational Therapy Departmental Contact numbers

CDAU: 25951770/25951804
Commcare Unit: 25952595
Gozo General Hospital/Tal-Ibragg: 22106109/112
Mount Carmel Hospital: 23304070
Mater Dei Hospital: 25456631/2/3/6
Rehab Hospital Karen Grech: 22082011
St. Vincent de Paul Residence (SVPR) 
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Occupational Therapy Services: Referral System

Discovering ability…. overoming disability
Occupational Therapy services are offered in several settings which cater for patients with different conditions.

A referral ticket has to be sent to the appropriate department in the different hospitals/facilities (details are particular to each hospital/facility).

**Child Development Assessment Unit (CDAU) St. Luke’s Hospital**

OT’s working within the paediatric team assess and treat clients from birth to 16 years referred by consultants/doctors. Upon receipt of the referral form an appointment is sent for an O.T assessment. The children seen at CDAU are referred for various limitations and difficulties including Autism, Global Developmental Difficulties, Learning Difficulties, ADHD, Cerebral Palsy, Head Injuries, Down syndrome and other syndromes. Children may be treated individually or in groups. Group therapy includes the Sensory Motor, Handwriting, Prewriting, Perceptual Motor and the Alert Group.

Occupational Therapy addresses physical and environmental areas so as to promote independence in learning, play and self-help tasks. Therapists also work in close collaboration with the children’s family members, teachers and with other professionals of the multidisciplinary team.

**Commcare Unit, St. Luke’s Hospital (SLH)**

Occupational therapy services within the Commcare Unit aim to enable and support persons living in the community using a case-management approach. These are clients whose needs are better addressed within their own home. These services can also be utilised by people who are unable to attend for OT on an out-patients basis and who will be at risk of losing their independence, and requiring hospitalisation or admission into long term care.

The OT service starts with a home visit and is followed up by rehab programs, environmental assessments and modifications and practice of community living skills. Clients can self refer through a telephone call / e-mail (commcare@gov.mt) or can be referred by professionals and relatives.

**Gozo General Hospital/ Tal-Ibragg Hospital**

Occupational Therapists at Gozo General and Tal-Ibragg Hospital provide Occupational Therapy services for all age groups in the physical and mental health fields, both on an in-patient and out-patient basis. Referrals are acknowledged from consultants, medical practitioners, allied health professionals as well as from schools and inclusive education co-ordinators. Following an initial detailed assessment where primarily the areas of self-care, work and leisure are assessed in depth, an individualised rehabilitation programme is devised and implemented on the respective ward for all paediatric, neurological, orthopaedic, surgical, cardiac, psychiatric, and geriatric cases referred. Home/school visits and family training sessions are carried out when and as required. Continued rehabilitation on an out-patient and/or community basis follows accordingly.

**Mount Carmel Hospital (MCH)**

Occupational Therapy mental health services are provided at MCH on a ward level and at the respective OT units at MCH. Referrals are processed via the different psychiatric firms. At the Community mental health day centres, OT’s assess all service users and follow up accordingly. OT services are offered to young people and adults with psychiatric conditions, conduct disorders, intellectual disabilities, psycho-geriatrics and people with substance abuse.

OT services include assessment of abilities particularly those related to daily living skills namely budgeting, transport, vocational, functional, perceptual, safety and social skills. Training of such skills may be incorporated into group and individual sessions.

**Mater Dei Hospital (MDH)**

OT services at MDH cater mainly for inpatient but also provide out-patient service. At ward level OT’s treat people diagnosed with neurological conditions, orthopaedic conditions, amputations, burns and medical conditions, oncology and paediatric conditions, acute psychiatric conditions which impair function in activities of daily living.

The outpatients services at MDH are divided in two sections; the hand therapy services (specific for hand injuries and repetitive strain injuries) and rheumatology services. Referral by a medical doctor on the ward/clinics has to be signed and sent to the OT department or picked up by the OT/s covering the respective Wards.

**Rehabilitation Hospital Karin Grech & St. Luke’s Hospital (RHKG)**

Occupational therapists at the Rehabilitation wards in RHKG assess all inpatients. On discharge the patient can be referred to the Day Hospital or the outpatient OT department at SLH. Referrals to the outpatients department at SLH are also accepted directly from consultants at MDH, GP’s in the community as well as other professionals.

The Day Hospital at RHKG offers OT services to patients over 60 years of age. Referrals are received from geriatric consultants at the Day Hospital or Medical Out-patients (MOP) at RHKG. St. Luke’s Hospital offers rehabilitation of adult patients 17 years and up. OT services are offered to clients with neurological conditions, post surgical or traumatic injuries, elderly with multiple pathologies resulting in functional limitations and that require support to regain a fulfilling life.

OT services include rehabilitation of physical, cognitive, perceptual and psychosocial disorders, wheelchair and seating assessments, splinting, vocational rehabilitation services, education and training of care givers and home/work assessment.