COMMUNITY SERVICES from a LONG-TERM INSTITUTION

WHY?

Ms. Mary Lou Grech, Senior Principal Physiotherapist, SVPR/DECC
POOR HOUSE
117 Years later
Zammit Clapp Hospital
Community Residential Homes

Aim of Physiotherapy Service:

- Improve and maintain functional mobility
- Support medical treatment
- Support Carers
Homes services

latest years of service

- Number of new patients referred
- Number of pts on treatment in Homes
- Number of treatment sessions
Institutionalisation

Will not solve the ‘problem’ of providing care

Will never provide enough long-term care beds to solve the ‘problem’

Community Services in Primary Care
Are
Vital
Health Promotion
Falls Programme
Domiciliary Services
Domiciliary Service beneficiaries

- People with potential to improve but too frail to travel
- People with severe architectural barriers
- Carers who need direction and support in long-term care management of their old relative
domiciliary services

latest years of service

- number of new patients referred
- number of pts on treatment in Homes
- number of treatment sessions

units

2005 2006 2007 2008 Sep-09
Current Human resources

- Community Homes Physiotherapy Service
  One WTE Physiotherapist

- Health Promotion Physiotherapy Services
  0.15 WTE Physiotherapist

- Domiciliary Physiotherapy Services
  0.25 WTE Physiotherapist
Where do we go from here?

- Strong multi-agency, multi-disciplinary foundation for community services
- Recognition of each sector’s experience, skills and potential
- Breakdown of professional and provincial barriers
- Systems of fast access to services
- Creation of District Multi-professional Teams
- Strengthen existing community services
- Set up strategies to help Carers
- Change trend of adding more long-stay beds to adding Respite Beds
- Correlation between government community services and NGOs
Long-term Care is no longer the raison d’être of Institutions. It is what is needed in the heart of Primary Care.