

The Gluten Free Products' List covered by the *Coeliac Scheme* includes products made from naturally GF items and made in a way that can be labelled 'gluten free' and fall under the staple food list (Healthy Eating Booklet -- <https://health.gov.mt/en/poyc/Pages/Home.aspx>).

Baking Powder

Bases

Biscuits Plain/Flavoured

Breadcrumbs

Breads [e.g. loaves, sliced bread, rolls, baguettes, buns, focaccias, bagels, wrap, pitta bread]

Breakfast Cereal

Cakes

Cereal bars

Couscous

Crisp / Cracker Bread

Crackers

Croutons

Dough

Flour

Muesli

Muffins

Noodles

Oats

Pasta

Porridge

Soups

Xanthan gum

Readymade Gluten Free labelled foods/meals:

Canelloni

Chicken fingers/nuggets/cakes

Fish fingers/nuggets/cakes

Lasagne

Pizza with topping

Ravioli

Tortellini

All types of Chocolate related products and Alcoholic / Non Alcoholic beverages are EXCLUDED from the Scheme

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